

### **Abstract**

Abstract should contain no more than 120 words, and should be one paragraph written in block format with double spacing. Additionally, state the topic in a sentence or two. Also, provide overview of methods, results, and discussion. The APA format is the official style of American Psychological Association (APA) and is commonly used to cite sources in psychology, education and social sciences.

**APA research paper format** is widely used in the research publishing industry. Students and researchers usually get confused with various research paper writing formats and are unclear about the requirements from the research publication journals. Therefore, the best way to deal with beginning to write a research paper is to first know the journal's requirement and then follow the guidelines accordingly.

Keywords: APA format, APA style guidelines